

GRACEAC

Grand Rapids Area Catholic Elementary Athletic Council



Catholic United Cross Country Registration Flyer

WHAT: Catholic United Cross Country

- Practice with other runners in the Diocese and compete at meets against runners from around the greater Grand Rapids area/Michigan

WHO: 5th-8th grade boys & girls in GRACEAC/Diocese

- Must register using TeamSnap
- All paperwork on file at school before first practice
 - Current physical
 - Concussion acknowledgement form
 - Any other requirements at your school
- GRACEAC Commissioner: Conrad Cuncannan - ccuncannan@grcatholicschools.org
- Catholic United Cross Country Sport Coordinator: John Lee - jwlvemaria@gmail.com
- Head Coach: John Lee

WHEN: Fall Season

- Practices start the week of August 10
 - One or two practices during week, typically 6:00 - 7:15 or 6:00 - 7:00 pm
- Meets are typically on Saturdays, with maybe a couple during the week
 - First meet September 9
 - Last meet October 24
- Confirmed 2020 Meet Schedule Thus Far:
 - Wednesday, September 9 - Hudsonville Christian
 - Saturday, September 12 - South Christian
 - Saturday, September 19 - Sparta
 - Saturday, September 26 - West Catholic/Catholic Central (Gainey Fields)
 - Saturday, October 3 - TBD
 - Saturday, October 10 - Portage
 - Saturday, October 17 - TBD (usually GR Christian meet at Gainey Fields)
 - Saturday, October 24 - GRPS
- Meet times vary from race to race - confirmation no later than one week prior

WHERE: Practice locations

- Richmond Park - 1101 Richmond St NW, Grand Rapids, MI 49504
- Briggs Park - 350 Knapp St NE, Grand Rapids, MI 49505
- Riverside Park - 2001 Monroe Ave NE, Grand Rapids, MI 49505

DETAILS SUBJECT TO CHANGE